2002 London Rd - Suite 300 Duluth, MN 55812 218-727-7929

TEAMSTERS LOCAL 346 SAVINGS & 401(k) PLAN APPLICATION FOR DISTRIBUTION

560096

PAR ⁷	FICIPANT INFORMATION						
Participant Name Date of Birth			Social Security Number				
			Phone Number				
Addre	SS		City		State	Zip	
Marita	al Status: ☐ Single ☐ Married	□ D	ivorced	□ Widowed			
REAS	SON FOR DISTRIBUTION (Select one	and enter	· applicab	le date for reason)			
	☐ Termination ☐ Transfer to Non-Bargaining Unit ☐ Retirement ☐ Normal Retirement Age (59¹/2) ☐ Disability ☐ Qualified Domestic Relations Orde ☐ Company Closure ☐ Moved Out of State y of your Birth Certificate must accompany licable, you must attach a copy of:	y this appl	lication				
<u>PAYN</u>	 Divorce Decree/Qualified Domes Social Security Disability Award Proof of Out of State Residence MENT METHOD ELECTION	tic Relation	is Order				
	The full amount in a single sum payable to withholding and applicable distribution fee.		% Federal	income tax withhold	ing, less%	State income tax	
	The full amount in a direct rollover to anoth distribution fee.	er qualifie	d retireme	nt plan or traditional I	RA, less appli	cable	
	The full amount with a portion paid as a lun paid as a direct rollover to another qualified					the balance	
	In a single sum payable to me of Plus 20% Federal income tax withholding Plus% State income tax withholding Overnight Check Mailing Fee Yes No_ Plus applicable distribution fee For a total single sum amount of	\$\$ \$\$ \$\$ \$\$					
	with the remainder to be directly rolled over	r to anothe	r qualified	retirement plan or tra	ditional IRA.		
	In a partial lump sum payable to me of Plus 20% Federal income tax withholding Plus% State income tax withholding Overnight Check Mailing Fee Yes No_Plus applicable distribution fee For a total partial lump sum amount of	\$\$ \$\$ \$\$ \$\$					

	Annu	ity Form:					
	Qualified Joint and Survivor Annuity (only available if value of Participant's benefit exceeds \$1,000)						
		Date of first payme	ent Date of first payme:	nt	Sp	pouse's birth date:	
	ш	Life Aimuity	Date of first payme.	<u> </u>			
ity, you and Su	ır acco rvivor	ount will be paid to Annuity (QJSA) yo	you and your spous ou may select one o	e in this met f those comp	thod. Please notice panies which p	a Notary Public the Joint and Survivor Annuate that the Plan itself does not pay the Joint pays a monthly benefit during your life and and the ages of you and your spouse.	
	In per	iodic payments that	t I receive (choose o	one and day		☐ 1 st of the Month	
	In the	fonthly □ (amount of \$ cable distribution fe	Quarterly \square (must be a mee.	Semi-Annua ultiple of \$5	111 y	☐ 20 th of the Month licable Federal income tax withholding and	
Paymer	ıt Type	:	□ Direct Deposit		Check Mailed to	o Me	
Bank N	Jame:						
Accou	nt Nan	ne:					
Bank A	BA/R	Couting Number:					
Accour	nt Num	nber:					
Accoun	ıt Type	2:	☐ Checking	☐ Saving	5		
ELIG	<u>IBLE</u>	ROLLOVER D	ISTRIBUTION I	NFORMA	TION		
Comple	ete this	s section if you have	e elected to roll over	all or any p	ortion of your	distribution.	
qualifie their P	d plan lan wi	may refuse to acc	cept an eligible rollo ribution.) The checl	ver distribut k will be ma	ion. Please chiled directly to	based upon the information listed below. (A neck with your new Employer to determine if by you as the participant, or if applicable, to a elivering the check to the rollover institution.	
I elect	the fol	lowing:	☐ Qualified Plan		☐ Trac	ditional IRA	
Custod	ian/Tr	ustee Name:					
Plan N	ame:						
Addres	s:						
Accoun							
Rollove	er Amo	ount:					
JOIN'	ΓΑΝΙ	D SURVIVOR A	NNUITY WAIVI	ER BY PA	RTICIPAN'	<u>T</u>	
Plan A	dminis	trator has furnished	d me with an explai	nation of the	terms of the	the form of a joint and survivor annuity. The joint and survivor annuity, my right to make this election, and the financial effect of my	
I have	execu	ted this waiver on	/	/		gnature	
			Date				
NOTA	RY P	<u>UBLIC</u>			(Must be witn	uessed by a Notary Public)	
Subsc	ribed	and sworn to befo	ore me this	day o	f		
						Notary Public	

SPOUSAL CONSENT TO JOINT AND SURVIVOR ANNUITY WAIVER N/A - I am unmarried , spouse of the Participant hereby consent to the waiver of the joint and survivor annuity form of benefit. I certify that I have received a written explanation from the Plan Administrator and I understand the terms of the joint and survivor annuity, my right not to consent to this waiver election, the waiver election period and the financial effect of the election not to receive benefits in the joint and survivor annuity form. I understand my consent is irrevocable unless my spouse revokes the waiver election. I understand any changes in this form of benefit election are subject to my consent, unless my spouse elects to receive the qualified joint and survivor annuity. Date Signature of Participant's Spouse I have executed this waiver on (Must be witnessed by a Notary Public) NOTARY PUBLIC Subscribed and sworn to before me this ______day of ______, 20_____. Notary Public PARTICIPANT SIGNATURE I acknowledge that I have received and read the notice entitled Special Tax Notice Regarding Plan Payments. I understand that neither a direct rollover nor a payment can be made from the Plan until at least 30 days after receipt of this notice. I am hereby waiving the 30-day notice period and consent to an immediate distribution. I understand that Federal law requires 20% income tax withholding on all taxable distributions and an additional 10% premature distribution penalty tax may apply. I acknowledge that a processing fee may be charged. I understand once my payment has been processed, it cannot be changed. I hereby certify that the information on this form is true, accurate and complete. Date Participant Signature (*Must be witnessed by a Notary Public*) NOTARY PUBLIC Subscribed and sworn to before me this day of , 20 . Notary Public PLAN ADMINISTRATOR APPROVAL As Plan Administrator, I authorize this application for distribution. Plan Administrator _____ Date_____ Phone: 218-727-7929 Teamsters Local 346 Savings & 401(k) Plan

2002 London Road, Suite 300

Duluth, MN 55812

Fax: 218-728-4773

Email: ctaggart@wilson-mcshane.com

JOINT AND SURVIVOR ANNUITY NOTICE

The purpose of this notice is to provide you as the participant and your spouse if you are married, with an explanation of the joint and survivor annuity and your rights regarding its waiver under the Plan. Unless you elect another form of payment, the Plan requires payment to you in the form of a joint and survivor annuity. This notice applies to you if your vested account balance in the Plan is greater than \$1,000 or if your vested account balance was previously greater than \$1,000 and you received a distribution.

JOINT AND SURVIVOR ANNUITY

If you are married as of the Annuity Starting Date then the joint and survivor annuity will pay you a level monthly payment for your life and, if your spouse survives you, he/she will receive for his/her life 50% of the level monthly payment payable to you during your life. If you are not married then the joint and survivor annuity will pay you a level monthly payment for your lifetime. No payments will be made to your beneficiary after your death. The Annuity Starting Date is the first day of the first period for which an amount is payable as an annuity or in any other form.

The Trustee will distribute the joint and survivor annuity to you by using your vested account balance to purchase a joint and survivor annuity contract from an insurance company. The Trustee then will distribute the contract to you as evidence of your right to receive annuity payments from the insurance company. The actual level monthly payments to be made under the contract will depend on the annuity purchase rates used by the insurance company, your age and your spouse" age (if you are married), at the time the distribution begins, and the amount of your vested account balance at the time the Trustee purchases the contract.

FINANCIAL EFFECT OF THE DISTRIBUTION OPTION

You will receive a lifetime income under a joint and survivor annuity. If you are married and your spouse dies before you then the annuity payments will continue until your death. If you are married, and your spouse survives you, the joint and survivor annuity will make the joint life payments until your death, and continue 50% of the joint life payments until your spouse's death. The joint and survivor annuity will not pay any death benefits to other beneficiaries. If you waive the joint and survivor annuity, you may receive your vested account balance in another form permitted under the Plan.

PROCEDURE

If you wish to receive the joint and survivor annuity, elect the joint and survivor annuity distribution option on the appropriate form. If you do NOT wish to receive the joint and survivor annuity, you must sign the Joint and Survivor Annuity Waiver option within this form. If you are married, the waiver is not valid unless your spouse consents in writing. A notary public or a Plan Representative must witness your spouse's signature in the Joint and Survivor Annuity Waiver section of this form. Your waiver election is not valid unless you make it within the 90-day period ending on your distribution date. Prior to the distribution date, you may revoke a waiver election, or make a new waiver election following a revocation, as often as you wish. If you are married, you may revoke a waiver election without your spouse's consent but your spouse will have to consent to a new waiver election.

You should contact the Plan Administrator if you have questions regarding this notice or if you desire more specific information on the terms and conditions of the joint and survivor annuity option and the financial effect of the distribution options.

SPECIAL TAX NOTICE REGARDING PLAN PAYMENTS

This notice explains how you can continue to defer federal income tax on your retirement savings in the Teamsters Local 346 Savings and 401(k) Plan (the "Plan") and contains important information you will need before you decide how to receive your Plan benefits.

This notice is provided to you by the Board of Trustees (your "Plan Administrator") because all or part of the payment that you will soon receive from the Plan may be eligible for rollover by you or your Plan Administrator to a traditional IRA or an eligible employer plan. A rollover is a payment by you or the Plan Administrator of all or part of your benefit to another plan or IRA that allows you to continue to postpone taxation of that benefit until it is paid to you. Your payment cannot be rolled over to a Roth IRA, a SIMPLE IRA, or a Coverdell Education Savings Account (formerly known as an education IRA). An "eligible employer plan" includes a plan qualified under Section 401(a) of the Internal Revenue Code, including a 401(k) plan, profit-sharing plan, defined benefit plan, stock bonus plan, and money purchase plan; a Section 403(a) annuity plan; a Section 403(b) tax-sheltered annuity; and an eligible Section 457(b) plan maintained by a governmental employer (Governmental 457 plan).

An eligible employer plan is not legally required to accept a rollover. Before you decide to roll over your payment to another

employer plan, you should find out whether the plan accepts rollovers and, if so, the types of distributions it accepts as a rollover. You should also find out about any documents that are required to be completed before the receiving plan will accept a rollover. Even if a plan accepts rollovers, it might not accept rollovers of certain types of distributions, such as after-tax amounts. If this is the case, and your distribution includes after-tax amounts, you may wish instead to roll your distribution over to a traditional IRA or split your rollover amount between the employer plan in which you will participate and a traditional IRA. If an employer plan accepts your rollover, the plan may restrict subsequent distributions of the rollover amount or may require your spouse's consent for any subsequent distribution. A subsequent distribution from the plan that accepts your rollover may also be subject to different tax treatment than distributions from this Plan. Check with the administrator of the plan that is to receive your rollover prior to making the rollover.

If you have additional questions after reading this notice, you can contact your Plan Administrator at 2002 London Road, Suite 300, Duluth, Minnesota, 55812 or by telephone at 218-727-7929.

SUMMARY

There are two ways you may be able to receive a Plan payment that is eligible for rollover:

- (1) Certain payments can be made directly to a traditional IRA that you establish or to an eligible employer plan that will accept it and hold it for your benefit ("DIRECT ROLLOVER"), or;
- (2) The payment can be PAID TO YOU.

If you choose a DIRECT ROLLOVER:

- Your payment will not be taxed in the current year and no income tax will be withheld.
- You choose whether your payment will be made directly to your traditional IRA or to an eligible employer plan that accepts your rollover. Your payment cannot be rolled over to a Roth IRA, a SIMPLE IRA, or a Coverdell Education Savings Account because these are not traditional IRAs.
- The taxable portion of your payment will be taxed later when you take it out of the traditional IRA or the eligible employer plan. Depending on the type of plan, the later distribution may be subject to different tax treatment than it would be if you received a taxable distribution from this Plan.

If you choose to have a Plan payment that is eligible for rollover PAID TO YOU:

- You will receive only 80% of the taxable amount of the payment, because the Plan Administrator is required to withhold 20% of that amount and send it to the IRS as income tax withholding to be credited against your taxes.
- The taxable amount of your payment will be taxed in the current year unless you roll it over. Under limited circumstances, you may be able to use special tax rules that could reduce the tax you owe. However, if you receive the payment before age 59 ½, you may have to pay an additional 10% tax.
- You can roll over all or part of the payment by paying it to your traditional IRA or to an eligible employer plan that accepts your rollover within 60 days after you receive the payment. The amount rolled over will not be taxed until you take it out of the traditional IRA or the eligible employer plan.
- If you want to roll over 100% of the payment to a traditional IRA or an eligible employer plan, you *must find other money to replace the 20% of the taxable portion that was withheld.* If you roll over only the 80% that you received, you will be taxed on the 20% that was withheld and that is not rolled over.

Your Right to Waive the 30-Day Notice Period. Generally, neither a direct rollover nor a payment can be made from the plan until at least 30 days after your receipt of this notice. Thus, after receiving this notice, you have at least 30 days to consider whether or not to have your withdrawal directly rolled over. If you do not wish to wait until this 30-day notice period ends before your election is processed, you may waive the notice period by making an affirmative election indicating whether or not you wish to make a direct rollover. Your withdrawal will then be processed in accordance with your election as soon as practical after it is received by the Plan Administrator.

MORE INFORMATION

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I. PAYMENTS THAT CAN AND CANNOT BE ROLLED OVER

Payments from the Plan may be "eligible rollover distributions." This means that they can be rolled over to a traditional IRA or to an eligible employer plan that accepts rollovers. Payments from a plan cannot be rolled over to a Roth IRA, a SIMPLE IRA, or a Coverdell Education Savings Account. Your Plan Administrator should be able to tell you what portion of your payment is an eligible rollover distribution.

You CANNOT roll over after-tax contributions to a governmental 457 plan. If you want to roll over your after-tax contributions to an employer plan that accepts these rollovers, you cannot have the after-tax contributions paid to you first. You must instruct the Plan Administrator of this Plan to make a direct rollover on your behalf. Also, you cannot first roll over after-tax contributions to a traditional IRA and then roll over that amount into an employer plan.

The following types of payments *cannot* be rolled over:

Payments Spread over Long Periods. You cannot roll over a payment if it is part of a series of equal (or almost equal) payments that are made at least once a year and that will last for:

- your lifetime (or a period measured by your life expectancy), or
- your lifetime and your beneficiary's lifetime (or a period measured by your joint life expectancies), or
- a period of 10 years or more.

Required Minimum Payments. Beginning when you reach age 70 ½ or retire, whichever is later, a certain portion of your payment cannot be rolled over because it is a "required minimum payment" that must be paid to you.

Hardship Distributions. A hardship distribution cannot be rolled over.

The Plan Administrator of this Plan should be able to tell you if your payment includes amounts which cannot be rolled over.

II. DIRECT ROLLOVER

A DIRECT ROLLOVER is a direct payment of the amount of your Plan benefits to a traditional IRA or an eligible employer plan that will accept it. You can choose a DIRECT ROLLOVER of all or any portion of your payment that is an eligible rollover distribution, as described in Part I above. You are not taxed on any taxable portion of your payment for which you choose a DIRECT ROLLOVER until you later take it out of the traditional IRA or eligible employer plan. In addition, no income tax withholding required for any portion of your Plan benefits for which you choose a DIRECT ROLLOVER. This Plan might not let you choose a DIRECT ROLLOVER if your distributions for the year are less than \$200.

DIRECT ROLLOVER to a Traditional IRA. You can open a traditional IRA to receive the direct rollover. If you choose to have your payment made directly to a traditional IRA, contact an IRA sponsor (usually a financial institution) to find out how to have your payment made in a direct rollover to a traditional IRA at that institution. If you are unsure of how to invest your money, you can temporarily establish a traditional IRA to receive the payment. However, in choosing a traditional IRA, you may wish to make sure that the traditional IRA you choose will allow you to move all or a part of your payment to another traditional IRA at a later date, without penalties or other limitations. See IRS Publication 590, *Individual Retirement Arrangements*, for more information on traditional IRAs (including limits on how often you can roll over between IRAs).

DIRECT ROLLOVER to a Plan. If you are employed by a new employer that has an eligible employer plan, and you want a direct rollover to that plan, ask the plan administrator of that plan whether it will accept your rollover. An eligible employer plan is not legally required to accept a rollover. Even if your new employer's plan does not accept a rollover, you can choose a DIRECT ROLLOVER to a traditional IRA. If the employer plan accepts your rollover, the plan may provide restrictions on the circumstances under which you may later receive a distribution of the rollover amount or may require spousal consent to any subsequent distribution. Check with the plan administrator of that plan before making your decision.

DIRECT ROLLOVER of a Series of Payments. If you receive a payment that can be rolled over to a traditional IRA or an eligible employer plan that will accept it, and it is paid in a series of payments for less than 10 years, your choice to make or not make a DIRECT ROLLOVER for a payment will apply to all later payments in the series until you change your election. You are free to change your election for any later payment in the series.

Change in Tax Treatment Resulting from a DIRECT ROLLOVER. The tax treatment of any payment from the eligible employer plan or traditional IRA receiving your DIRECT ROLLOVER might be different than if you received your benefit in a taxable distribution directly from the Plan. For example, if you were born before January 1, 1936, you might be entitled to ten-year averaging or capital gain treatment, as explained below. However, if you have your benefit rolled over to a Section 403(b) tax-sheltered annuity, a Governmental 457 plan, or a traditional IRA in a DIRECT ROLLOVER, your benefit will no longer be eligible for that special treatment. See the sections below entitled "Additional 10% Tax if You Are under Age 59 ½" and "Special Tax Treatment if You Were Born before January 1, 1936."

III. PAYMENT PAID TO YOU

If your payment can be rolled over (see Part I above) and the payment is made to you in cash, it is subject to 20% federal income tax withholding on the taxable portion (state tax withholding may also apply). The payment is taxed in the year you receive it unless, within 60 days, you roll it over to a traditional IRA or an eligible employer plan that accepts rollovers. If you do not roll it over, special tax rules may apply.

Income Tax Withholding:

Mandatory Withholding. If any portion of your payment can be rolled over under Part I above and you do not elect to make a DIRECT ROLLOVER, the Plan is required by law to withhold 20% of the taxable amount. This amount is sent to the IRS as federal income tax withholding. For example, if you can roll over a taxable payment of \$10,000, only \$8,000 will be paid to you because the Plan must withhold \$2,000 as income tax. However, when you prepare your income tax return for the year, unless you make a rollover within 60 days (see "Sixty-Day Rollover Option" below), you must report the full \$10,000 as a taxable payment from the Plan. You must report the \$2,000 as tax withheld, and it will be credited against any income tax you owe for the year. There will be no income tax withholding if your payments for the year are less than \$200. Voluntary Withholding. If any portion of your payment is taxable but cannot be rolled over under Part I above, the mandatory withholding rules described above do not apply. In this case, you may elect not to have withholding apply to that portion. If you do nothing, an amount will be taken out of this portion of your payment for federal income tax withholding. To elect out of withholding, ask the Plan Administrator for the election form and related information.

Sixty Day Rollover Option. If you receive a payment that can be rolled over under Part I above, you can still decide to roll over all or part of it to a traditional IRA or to an eligible employer plan that accepts rollovers. If you decide to roll over, you must contribute the amount of the payment you received to a traditional IRA or eligible employer plan within 60 days after you receive the payment. The portion of your payment that is rolled over will not be taxed until you take it out of the traditional IRA or the eligible employer plan.

You can roll over up to 100% of your payment that can be rolled over under Part I above, including an amount equal to the 20% of the taxable portion that was withheld. If you choose to roll over 100%, you must find other money within the 60-day period to contribute to the traditional IRA or the eligible employer plan, to replace the 20% that was withheld. On the other hand, if you roll over only the 80% of the taxable portion that you received, you will be taxed on the 20% that was withheld.

Example: The taxable portion of your payment that can be rolled over under Part I above is \$10,000, and you choose to have it paid to you. You will receive \$8,000, and \$2,000 will be sent to the IRS as income tax withholding. Within 60 days after receiving the \$8,000, you may roll over the entire \$10,000 to a traditional IRA or an eligible employer plan. To do this, you roll over the \$8,000 you received from the Plan, and you will have to find \$2,000 from other sources (your savings, a loan, etc.). In this case, the entire \$10,000 is not taxed until you take it out of the traditional IRA or an eligible employer plan. If you roll over the entire \$10,000, when you file your income tax return you may get a refund of part or all of the \$2,000 withheld.

If, on the other hand, you roll over only \$8,000, the \$2,000 you did not roll over is taxed in the year it was withheld. When you file your income tax return, you may get a refund of part of the \$2,000 withheld. (However, any refund is likely to be larger if you roll over the entire \$10,000.)

Additional 10% Tax If You Are under Age 59 ½. If you receive a payment before you reach age 59 ½ and you do not roll it over, then, in addition to the regular income tax, you may have to pay an extra tax equal to 10% of the taxable portion of the payment. The additional 10% tax generally does not apply to (1) payments that are paid after you separate from service with your employer during or after the year you reach age 55, (2) payments that are paid because you retire due to disability, (3) payments that are paid as equal (or almost equal) payments over your life or life expectancy (or your and your beneficiary's lives or life expectancies), (4) dividends paid with respect to stock by an employee stock ownership plan (ESOP) as described in Code Section 404(k), (5) payments that are paid directly to the government to satisfy a federal tax levy, (6) payments that are paid to an alternate payee under a Qualified Domestic Relations Order, or (7) payments that do not exceed the amount of your deductible medical expenses. See IRS Form 5329 for more information on the additional 10% tax.

The additional 10% tax will not apply to distributions from a governmental 457 plan, except to the extent the distribution is attributable to an amount you rolled over to that plan (adjusted for investment returns) from another type of eligible employer plan or IRA. Any amount rolled over from a governmental 457 plan to another type of eligible employer plan or to a traditional IRA will become subject to the additional 10% tax if it is distributed to you before you reach age 59 ½, unless one of the exceptions applies.

Special Tax Treatment If You Were Born before January 1, 1936. If you receive a payment from a plan qualified under Section 401(a) or a Section 403(a) annuity plan that can be rolled over under Part I and you do not roll it over to a traditional IRA or an eligible employer plan, the payment will be taxed in the year you receive it. However, if the payment qualifies as a "lump sum distribution," it may be eligible for special tax treatment. (See also "Employer Stock or Securities", below.) A lump sum distribution is a payment, within one year, of your entire balance under the Plan (and certain other similar plans of the employer) that is payable to you after you have reached age 59 ½ or because you have separated from service with your employer (or, in the case of a self-employed individual, after you have reached age 59 ½ or have become disabled). For a payment to be treated as a lump sum distribution, you must have been a participant in the plan for at least five years before the year in which you received the distribution. The special tax treatment for lump sum distributions that may be available to you is described below.

Ten-Year Averaging. If you receive a lump sum distribution and you were born before January 1, 1936, you can make a one-time election to figure the tax on the payment by using "10-year averaging" (using 1986 tax rates). Ten-year averaging often reduces the tax you owe.

I. SURVIVING SPOUSES, ALTERNATE PAYEES, AND OTHER BENEFICIARIES

In general, the rules summarized above that apply to payments to employees also apply to payments to surviving spouses of employees and to spouses or former spouses who are "alternate payees." You are an alternate payee if your interest in the Plan results from a "Qualified Domestic Relations Order," which is an order issued by a court, usually in connection with a

divorce or legal separation.

If you are a surviving spouse or an alternate payee, you may choose to have a payment that can be rolled over, as described in Part I above, paid in a DIRECT ROLLOVER to a traditional IRA or to an eligible employer plan or paid to you. If you have the payment paid to you, you can keep it or roll it over yourself to a traditional IRA or to an eligible employer plan. Thus, you have the same choices as the employee.

If you are a beneficiary other than a surviving spouse or an alternate payee, you cannot choose a direct rollover, and you cannot roll over the payment yourself.

If you are a surviving spouse, an alternate payee, or another beneficiary, your payment is generally not subject to the additional 10% tax described in Part III above, even if you are younger than age 59 ½.

If you are a surviving spouse, an alternate payee, or another beneficiary, you may be able to use the special tax treatment for lump sum distributions as described in Part III above. If you receive a payment because of the employee's death, you may be able to treat the payment as a lump sum distribution if the employee met the appropriate age requirements, whether or not the employee had 5 years of participation in the Plan.

HOW TO OBTAIN ADDITIONAL INFORMATION

This notice summarizes only the federal (not state or local) tax rules that might apply to your payment. The rules described above are complex and contain many conditions and exceptions that are not included in this notice. Therefore, you may want to consult with the Plan Administrator or a professional tax advisor before you take a payment of your benefits from your Plan. Also, you can find more specific information on the tax treatment of payments from qualified employer plans in IRS Publication 575, Pension and Annuity Income, and IRS Publication 590, Individual Retirement Arrangements. These publications are available from your local IRS office, on the IRS's Internet Web Site at www.irs.gov, or by calling 1-800-TAX-FORMS.